



Health and Social Care

(AAQ Cambridge Advanced National – Extended Certificate)

Examination Board

- OCR

Course background

For this qualification, students complete 6 units:

- 2 mandatory externally assessed units
- 2 mandatory NEA units
- 2 optional NEA units

How will I be assessed?

Unit title	Guided learning hours (GLH)	How is it assessed?	Mandatory or optional
Principles of health and social care (Year 12)	80	EXAM	Mandatory
Anatomy and physiology for health and social care (Year 13)	80	EXAM	Mandatory
Person-centred approach to care (Year 12)	50	NEA	Mandatory
Supporting people with mental health conditions (Year 12)	50	NEA	Mandatory
2 of the units below are completed in Year 13, which are selected by the Head of Health and Social Care			
Supporting people with long term physiological conditions	50	NEA	Optional
Investigating public health strategies	50	NEA	Optional
Supporting people in relation to sexual health, pregnancy and postnatal health	50	NEA	Optional
Supporting healthy nutrition and lifestyles	50	NEA	Optional

Year 12

- Students sit 1 exam and complete 2 units of NEA

Year 13

- Students sit 1 exam and complete 2 units of NEA

Clear guidance is given as to what needs to be done each week and it is expected that students will be able to manage their time in order to meet the demands of the course.



Useful websites / reading materials

- <https://www.bbc.co.uk>
- <https://www.gov.uk/government/organisations/department-of-health-and-social-care>
- <https://www.nice.org.uk/>
- <https://www.nhs.uk/>
- <https://www.dignityincare.org.uk/>
- <https://www.nhs.uk/using-the-nhs/about-the-nhs/your-choices-in-the-nhs/>

Recommended study

- This is a vocational subject, and it is expected that students will be prepared to visit care settings, engage with guest speakers, interview care workers, read newspapers, watch programmes about health issues as well as complete all coursework and additional homework. Five hours a week outside lesson time is a rough guide as to time needed.