



# Health and Social Care

## Examination Board

- OCR

## Cambridge Technical Extended Certificate course background

- The Extended Certificate is the equivalent of one A level.
- Six units will be studied over 2 years.
- Three units are exam units of which 2 are to be taken in Year 12.
- Units include: Building positive relationships in health and social care; Equality, diversity and rights in health and social care; and Nutrition for health.
- Marks are awarded for independent study and research. This should involve visiting care settings, meeting health professionals and watching news items or documentaries connected with health in the UK.
- Coursework involves working in care settings and using technology. You may be creating a video diary as part of your coursework.

## Cambridge Technical Foundation Diploma course background

- The Foundation Diploma is the equivalent of one and a half A levels.
- Nine units will be studied over 2 years.
- Four Units are exam units of which 3 are to be taken in Year 12.
- Units include: Infection control; Safeguarding; and The impact of long-term physiological conditions.
- Clear guidance is given as to what needs to be done each week and it is expected that students will be able to manage their time in order to cover a demanding course.

## Useful websites / reading materials

- <https://www.bbc.co.uk>
- <https://www.gov.uk/government/organisations/department-of-health-and-social-care>
- <https://www.nice.org.uk/>
- <https://www.nhs.uk/>

## Recommended study

- This is a vocational subject, and it is expected that students will be prepared to visit care settings, interview care workers, read newspapers, watch programmes about health issues as well as complete all coursework and additional homework. Five hours a week outside lesson time is a rough guide as to time needed.