



WEEK 1

Classic Favourites

MONDAY



EASTERN

TUESDAY



Great British

WEDNESDAY



SOUTHERN STYLE

THURSDAY



Fish & Chips

FRIDAY



MAIN MEAL

BEEF BOLOGNAISE
Garlic Bread

KUNG PAO CHICKEN
50/50 Egg Fried Rice

ROAST LOIN OF PORK
Crackling, Roast Potatoes, Gravy

HOUSE RUBBED JERK CHICKEN
Peas & Rice

FRESHLY BATTERED FISH/ SALMON FISHCAKES

VEGETARIAN MEAL

VEGAN BOLOGNAISE
Garlic Bread

ASIAN VEGETABLE & NOODLE STIR FRY
Soya Beans

BAKED MACARONI CHEESE WITH A CRUNCHY TOPPING

VEGAN JERK QUORN BURRITO
Peas & Rice

SPICY BEAN ENCHILADA
Tomato Sauce

VEGETABLES

PEAS GARDEN SALAD

SHREDDED GREENS CARROT & SESAME SALAD

SEASONAL VEGETABLES

SWEET CHILLI SLAW

PEAS CHIPS

PASTA POTS

PESTO PASTA

VEGAN BOLOGNAISE

CHEESE SAUCE

CARBONARA

ARRABIATA

TOMATO & BASIL

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

MIXED BERRY & APPLE CRUMBLE
Ice Cream

AMERICAN STYLE PANCAKES
Fruit Toppings

SYRUP SPONGE
Custard

ETON MESS

CHOCOLATE SPONGE
Chocolate Sauce

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

TRY OUR HOME-MADE **SOUP**
WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**

PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY

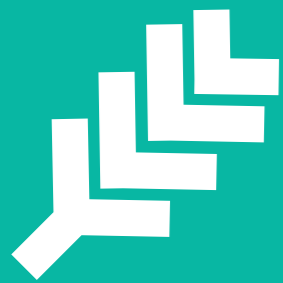
TAKE HOME A TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on offer today!



WATCH OUT FOR OUR **POP UP & STREET FOOD PROMOTIONS**


All of Our Deli Range, Sandwiches, Salads & Desserts are **FRESHLY MADE HERE DAILY**



WEEK 2

Classic Favourites
MONDAY 

EASTERN
TUESDAY 

Great British
WEDNESDAY 

SOUTHERN STYLE
THURSDAY 

Fish & Chips
FRIDAY 

MAIN MEAL

TRADITIONAL SAUSAGE & MASH
Onion Gravy

THAI GREEN CHICKEN CURRY
White Rice

ROAST GAMMON
Stuffing, Yorkshire Pudding, Gravy

TOGARASHI SPICED MINCED BEEF
50/50 Carrot Rice

FRESHLY BATTERED FISH/ SALMON FISHCAKES

VEGETARIAN MEAL

VEGAN SAUSAGE & MASH
Onion Gravy

VEGETABLE PAD THAI NOODLES

CHEESE, LEEK & BUTTERNUT SQUASH PIE
Mashed Potatoes, Gravy

SOYA BEAN & TOFU SPRING ROLL
50/50 Carrot Rice

QUORNISH PASTY

VEGETABLES

PEAS CARROTS

LIME & CORIANDER SLAW

SEASONAL VEGETABLES SEASONAL SALAD

SOY GLAZED CRUNCHY VEGETABLES

PEAS CHIPS

TOMATO & BASIL

PASTA POTS

PESTO PASTA

VEGAN BOLOGNAISE

CHEESE SAUCE

CARBONARA

ARRABIATA

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

CLASSIC APPLE PIE
Custard

CHILLED COCONUT RICE PUDDING

JAM SPONGE
Custard

CREPE BAR
Fruit Toppings

BOSTON BROWNIE
Chocolate Sauce

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

TRY OUR HOME-MADE SOUP
WITH FRESHLY BAKED BREAD

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FRESH OPTIONS EVERY DAY

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WEEK 3

Classic Favourites
MONDAY 

EASTERN
TUESDAY 

Great British
WEDNESDAY 

SOUTHERN STYLE
THURSDAY 

Fish & Chips
FRIDAY 

MAIN MEAL

MAC N CHEESE BAR
Variety of Toppings

JAPANESE CHICKEN CURRY
50/50 Rice

ROAST TURKEY
Stuffing, Yorkshire Pudding, Gravy

BEEF CHILLI CON CARNE
Nachos, Rice, Sour Cream

FRESHLY BATTERED FISH/ SALMON FISHCAKES

VEGETARIAN MEAL

VEGETARIAN MAC BAR
Variety of Toppings

GOAN SWEET POTATO & CHICK PEA CURRY
50/50 Rice

BUTTERNUT SQUASH, BRIE & ROASTED ONION WELLINGTON
Gravy

MIXED BEAN CHILLI
Nachos, Rice, Sour Cream

CHICKPEA & CORIANDER BURGER
Wedges, Coleslaw

GARDEN SALAD

STIR FRIED GREENS

SEASONAL VEGETABLES

SWEETCORN

PEAS CHIPS

PASTA POTS

TOMATO & BASIL

PESTO PASTA

VEGAN BOLOGNAISE

CHEESE SAUCE

CARBONARA

ARRABIATA

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

WAFFLE BAR
Fruit Compote

CHOCOLATE ORANGE MOUSSE

STICKY LEMON SPONGE
Custard

BANANA BREAD & BUTTER PUDDING
Custard

APPLE & PEAR CRUMBLE
Ice Cream

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

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WITH FRESHLY BAKED BREAD

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