

Welcome

Year 11 Information Evening

Welcome

Ms Lewis

Key Dates for Year 11 – Exam Countdown

Window 1 - 13th -24th November 2023

- Two and a Half Weeks to Half Term.
- Two Weeks after Half Term

Window 2 - 26th February – 8Th March

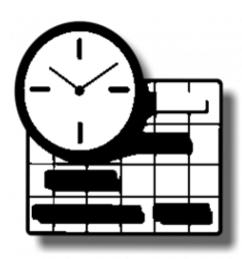
- Three weeks to Christmas
- Six and a half weeks until February Half Term

Scary Fact

Approximately 25 school weeks till the Summer Exam Season (from now)

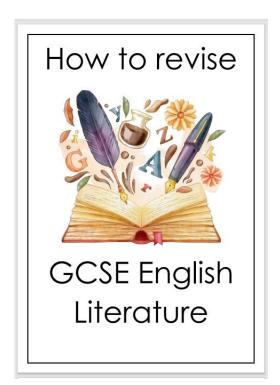
But...

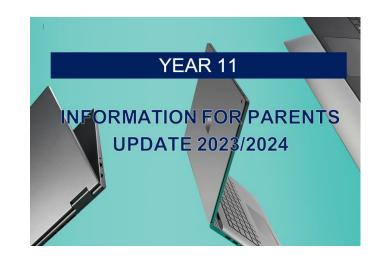
October half term, Christmas, February Half Term, Easter – 6 extra weeks My English class – (9 lessons a fortnight) = approx. 100 lessons



What we offer:

- A coordinated series of published Revision Sessions throughout the year.
- More to follow!
- Lots of information and support for Revising in each subject area.
- Subjects use Teams to share resources and useful material.
- Students' Books and Folders are a vital resource.
- Wellbeing and Mindfulness support in school and through tutor time.
- Our Year 11 Subject Information Guide given out today.
- More Revision Events for Parents more guidance on how to revise later in the year.
- Year 11 motivational assemblies, the results experience, Study Skills Focus Day.





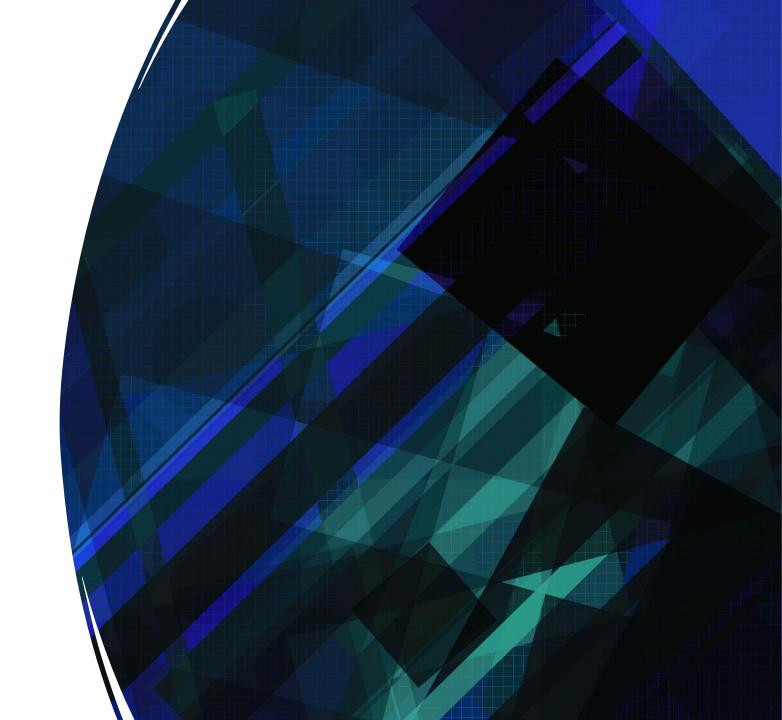


Subject Presentations Tonight

- Vocational Lead Mr Zaidi
- English Miss Jeffs
- Maths Miss Marshall
- Science Mrs Debbage
- Revision Strategies and Advice Ms Lewis

Vocational Subjects

Mr Zaidi



VOCATIONAL COURSES

These are now highly regarded courses - on par with GCSEs

This means that expected standards of work are also higher

It is important for students and parents to be clear about the rules regarding:

- Feedback on many courses, there is one opportunity mid-project for teachers to give very general feedback about how a project is going. There is a teaching phase and then an exam phase where students have to work independently
- Use of AI basically, it's a NO
- Referencing ALL work submitted must be the student's own work unless it is quoted and referenced, or rewritten and sourced.

VOCATIONAL COURSES – PUSHING FOR SUCCESS

- Targets are challenging
- About 20% of Year 11 students are resubmitting their work from Year 10 to push for a higher grade
- Different subjects are doing this at different times you need to check.
 Media is 13th October. Engineering has already happened. Travel and Health & Social Care are in the next couple of weeks
- The next big **DEADLINE** is mid-December. Organisation and time management are essential
- There are lunchtime sessions every day with vocational teachers to support students to catch up and meet deadlines

MOVING FORWARDS

- The next 8 weeks are vital for success this Summer. About 20% of students are completing 2 modules before Christmas.
- Post 16 Vocational courses are enjoying great success
- They are highly regarded by employers and universities
- Students do not need to have studied a subject at Key Stage 4 to be able to opt to take it as a post-16 course
- It is normal for students to pick a mix of A Levels and vocational courses.



English

Miss Jeffs



AQA: GCSE English Language

'Students of all abilities will develop the skills they need to read, understand and analyse a wide range of different texts covering the 19th, 20th and 21st century time periods as well as develop the skills to write clearly, coherently and accurately using a range of vocabulary and sentence structures.'

(AQA, specification overview)

English Language

- GCSE English Language will result in a separate GCSE grade to that of Literature
- All students will sit two exams: each exam is worth 50%
- Each exam is divided into two sections: section A assesses reading skills (25%) and section B assesses writing skills (25%)
- All students have to complete a compulsory speaking assessment that is graded as pass/merit/distinction by the teacher but DOES NOT count towards the GCSE grades

GCSE English Language

Paper 1: 1hr 45 mins

Reading:

 One literature fiction text with four questions (40 marks)

Writing:

 Writing a description or a story (40 marks)

Paper 2: 1hr 45mins

Reading:

 Two non-fiction texts with four questions (40 marks)

Writing:

 Writing to express a viewpoint (40 marks)



AQA: GCSE English Literature

'The specification takes a skills-based approach to the study of English literature that is consistent across the genres and gives students a grounding in a wide variety of literature that will stay with them for life'.

(AQA, specification overview)



English Literature

- GCSE English Literature will result in a separate GCSE grade to that of Language
- All students will sit two exams: Paper 1 is worth 40% and Paper 2 is worth 60%

GCSE English Literature

Paper 1: 1hr 45 mins (64 marks)

Section A: Shakespeare

Macbeth or Romeo and Juliet (34 marks)

Section B: 19th century novel

A Christmas Carol or Jekyll and Hyde (30 marks)

Paper 2: 2 hrs 15 mins (96 marks)

Section A: Modern drama

An Inspector Calls (34 marks)

Section B: poetry collection

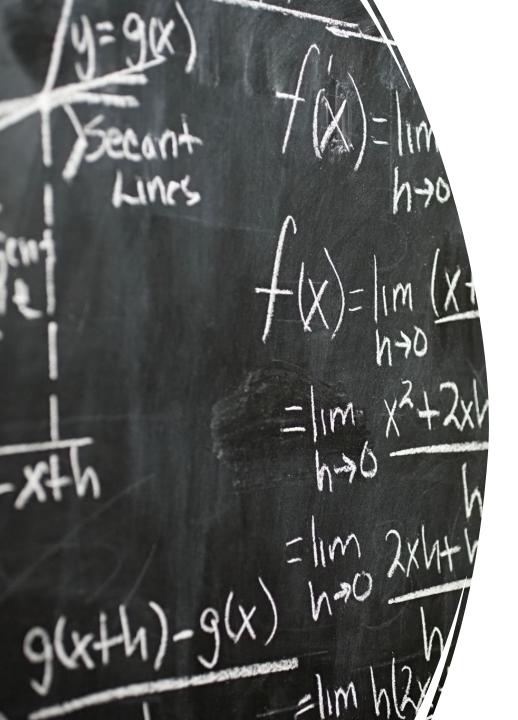
Power and conflict poetry (30 marks)

Section C: two unseen poems

(32 marks)

Enhancing the curriculum

- Massolit
- Digital Theatre +
- English and Media Centre magazine
- The Day (library)
- Seneca
- After-school revision sessions on Tuesdays
- Parents are emailed with a 'How to support your Child' guide (Sway)



Maths

Miss Marshall

RMATION EXAMINATION OF THE PROPERTY OF

Exam Board – Edexcel (Pearson)

Higher Tier (Grades 4 - 9) **Foundation Tier** (Grades 1 - 5)

Paper 1 – Non-Calculator

80 marks 90 mins Thursday 16 May (Morning)

Paper 2 – Calculator

80 marks 90 mins Monday 3 June (Morning)

Paper 3 – Calculator

80 marks 90 mins Monday 10 June (Morning)

Higher Key Topics:

Number skills, Algebraic manipulation, Averages,

Equations, Sequences

Data representation and collection, Trigonometry, Pythagoras, Inequalities, Ratio and Angles.

Foundation Key Topics:

Number Skills, Algebraic manipulation, Representing data, Angles, Linear Equations, Sequences, Inequalities, Quadrilaterals, Perimeter, Area, Volume of basic shapes.

Higher Key Topics:

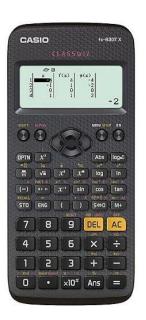
Constructions and Loci, Functions, Circle Geometry, Simultaneous Equations, Vectors, Algebraic fractions, proof, Probability, Similarity

Foundation Key Topics:

Proportion, Bearings, Quadratics, Similarity Simultaneous Equations, Probability.

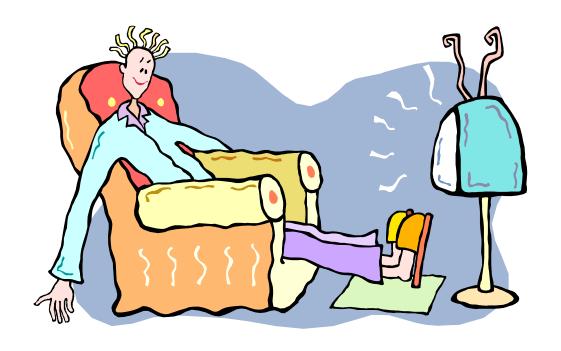
DUIRE

- Pen
- Pencil
- Ruler
- Geometry Equipment (compasses and protractor)
- Scientific calculator
 - Casio FX83-GT range
 - These are needed for both mock and real examinations.





Maths revision is not a spectator sport



MATHS

- PRACTICE, PRACTICE AND MORE PRACTICE...
 - Topic Specific Revision
 - Exam Practice

- Revision Sessions
 - Will run in the run up to the summer exams.
 - Letters containing sign up details will be sent out later in the year.

• Will be covered in lessons/ as homework's with increasing regularity as the year progresses.

• Students should endeavour to increase the marks they gain as the year progresses.

 Topics not completed well are ideal areas of focus for topic- based revision.

USEFUL WEBSIT

Maths Genie (Exam Style Questions on Every Topic)
 Mathsgenie.co.uk

Mathed Up (Exam Style Questions on Every Topic)
 mathedup.co.uk

Corbett Maths (A range of resources)
 Corbettmaths.com

Maths Watch VLE (Videos and practice questions)
 https://vle.mathswatch.co.uk

Maths Genie

GCSE Revision

A Level Revision

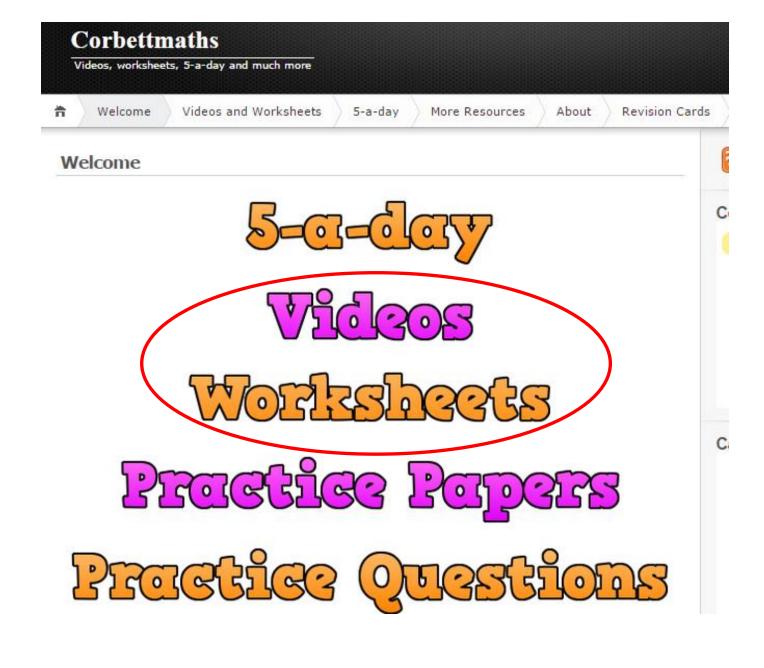
New Spec A Level GCSE Exam Papers A Level Exam Papers

Resources

USEFUL WEBSITI

Grade 4

Торіс	Example(s)	Exam Questions	Solutions
Compound Interest and Depreciation	Revision	Compound Interest and Depreciation	Solutions
Indices	Revision	Indices	Solutions
HCF and LCM	Revision	HCF, LCM	<u>Solutions</u>
Functional Maths Questions		<u>Functional Questions</u>	<u>Solutions</u>
Inequalities	Revision	Inequalities	<u>Solutions</u>
Forming and Solving Equations	Revision	Forming and Solving Equations	<u>Solutions</u>
Types of Sequences	Revision		
Generating Sequences	Revision		
Sequences (Nth Term)	Revision	Sequences (nth term)	<u>Solutions</u>
Expanding and Factorising	Revision	Expand and Factorise	<u>Solutions</u>
Pythagoras	Revision	Pythagoras	<u>Solutions</u>
Angle Problems	Revision	Angles	<u>Solutions</u>



USEFUL WEBSITES

Videos and Worksheets

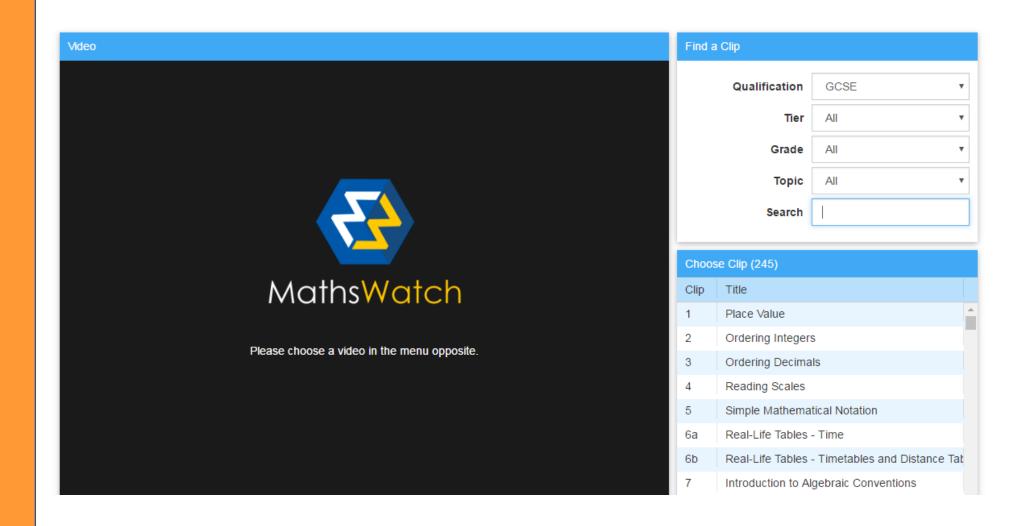
Videos and Worksheets

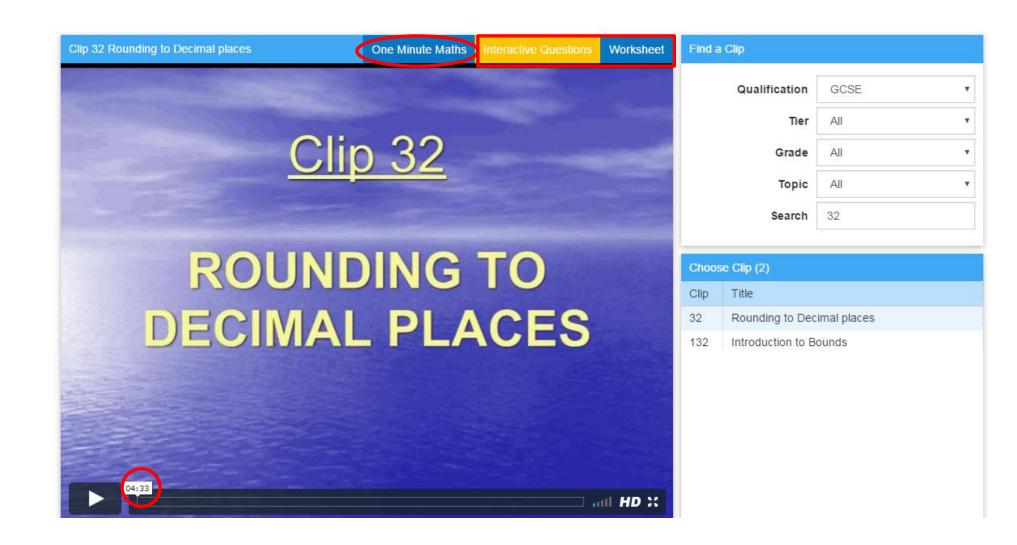
Chick here for answers

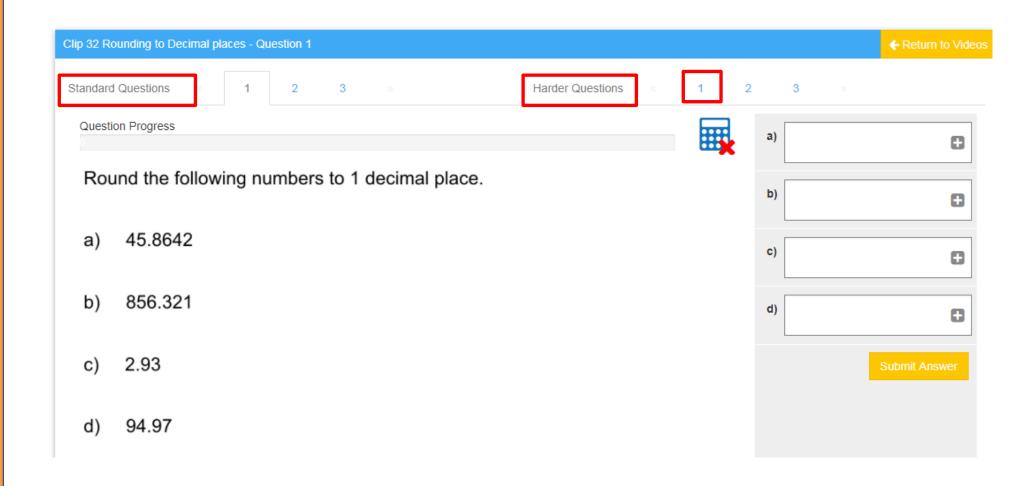
```
Common marking codes for teachers Marking codes
2D shapes: names Video 1 Practice Questions Textbook Exercise
2D shapes: quadrilaterals Video 2 Practice Questions Textbook Exercise
3D shapes: names Video 3 Practice Questions Textbook Exercise
3D shapes: nets Video 4 Practice Questions Textbook Exercise
3D shapes: vertices, edges, faces Video 5 Practice Questions Textbook Exercise
Addition: column method Video 6 Practice Questions Textbook Exercise
Algebra: changing the subject Video 7 Practice Questions Textbook Exercise
Algebra: changing the subject advanced Video 8 Practice Questions Textbook Exercise
Algebra: collecting like terms Video 9 Practice Questions Textbook Exercise
Algebra: completing the square Video 10 Practice Questions Textbook Exercise
Algebra: dividing terms Video 11 Practice Questions Textbook Exercise
Algebra: equation of a circle Video 12 Practice Questions Textbook Exercise
```

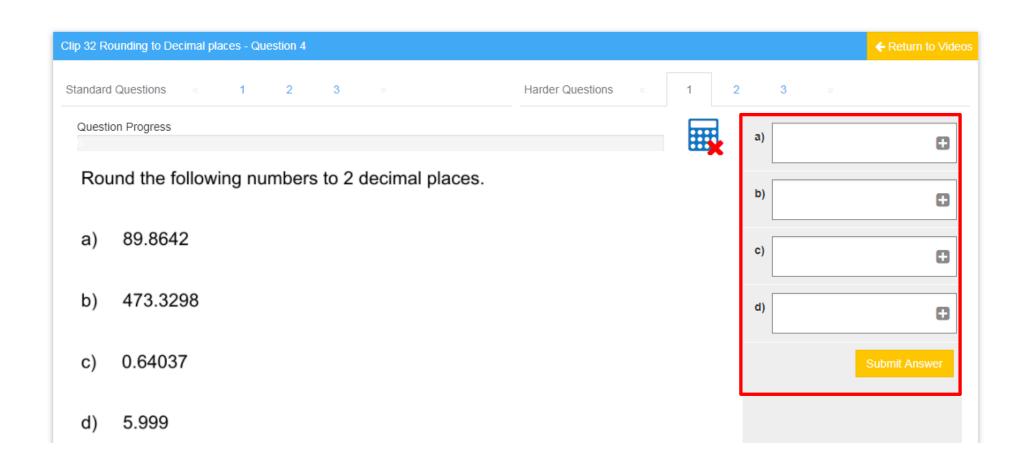
Algebra: expanding brackets Video 13 Practice Questions Textbook Exercise

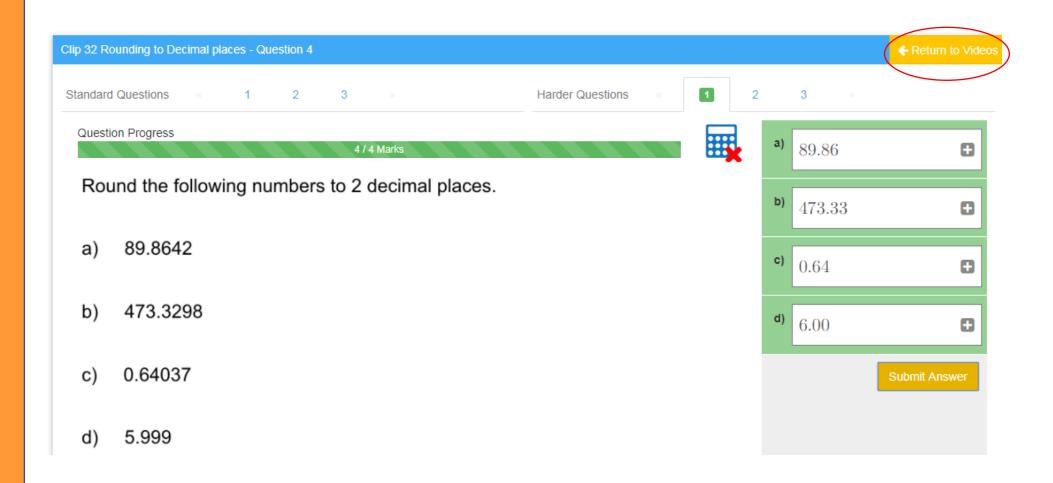












DNIH

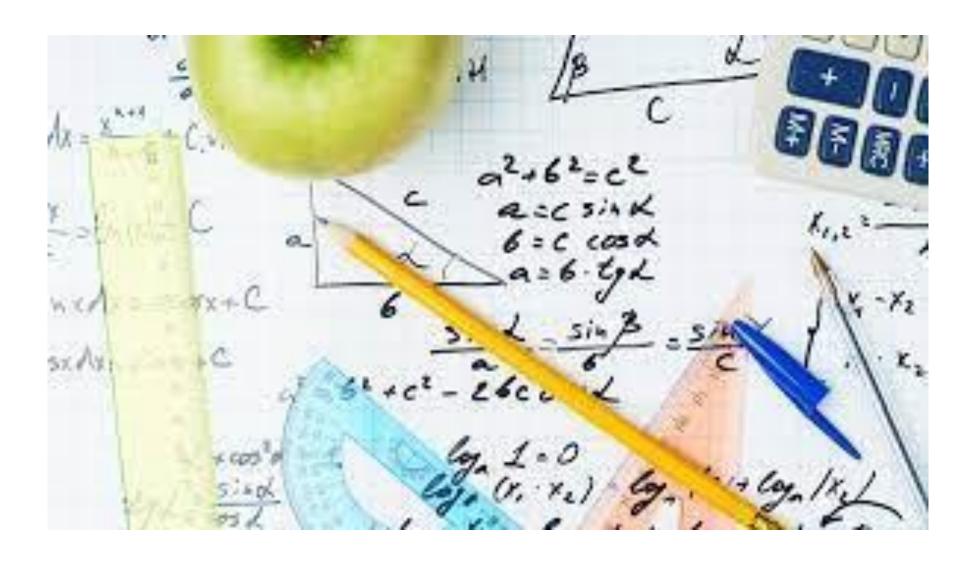
Letters about 5 a day question practice

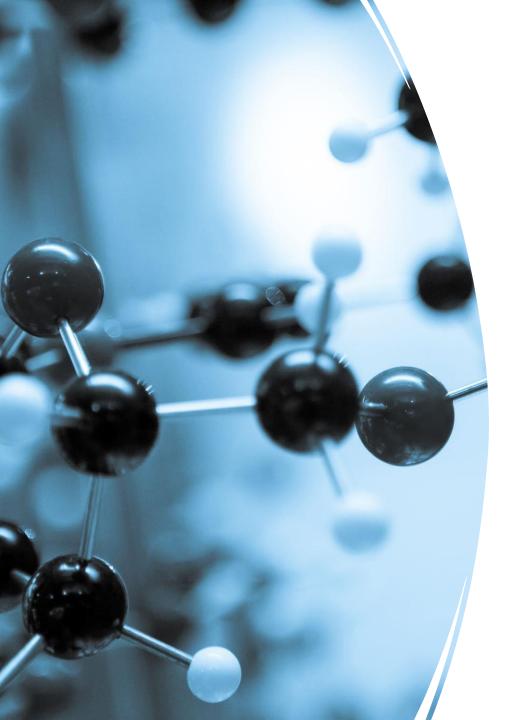
Letters about after school revision (After February Half term)

Letters about further revision opportunities later in the year

Predicted topic lists and best guess papers will be emailed out after papers 1 and 2

Remember the best way to revise maths is to do maths

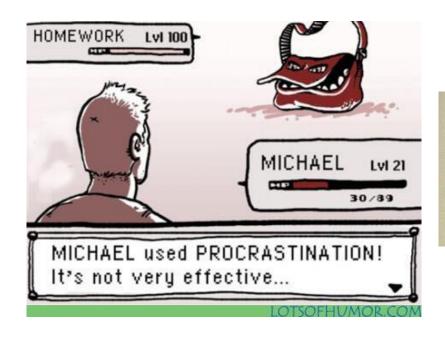




Science

Mrs Debbage

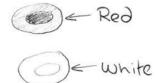
How to Prepare for Science



In Ghost busters II it was used to make the Statue of Liberty come to life. I've never seen it used since.

What's the difference between red blood cells and white blood cells?

Some are red, Others are white.



Richard Bensor

GCSE Exam Dates

Everyone will sit a total of 6 science papers; 2 for each Biology, Chemistry and Physics.

Paper 1's:

Biology – Friday 10th May PM

Chemistry – Friday 17th May AM

Physics – Wednesday 22nd May PM

Paper 2's:

Biology – Friday 7th June PM

Chemistry – Tuesday 11th June AM

Physics – Friday 14th June AM



Exam Content – Paper 1s (November Mocks)

BIOLOGY

B1: Cell Biology

B2: Organisation

B3: Infection and Response

B4: Bioenergetics

PHYSICS

P1: Energy

P2: Electricity

P3: Particle Model

P4: Atomic Structure

CHEMISTRY

C1: Atomic Structure and the Periodic Table

C2: Structure and Bonding

C3: Quantitative Chemistry

C4: Chemical Changes

C5: Energy Changes

Exam Content – Paper 2s (March Mocks)

BIOLOGY

B5: Homeostasis and response

B6: Inheritance, variation and evolution

B7: Ecology

PHYSICS

P5: Forces

P6: Waves

P7: Magnetism and Electromagnetism

P8: Space (Single only)

CHEMISTRY

C6: Rates of Reaction

C7: Organic Chemistry

C8: Chemical Analysis

C9: Chemistry of the Atmosphere

C10: Using Resources

2. (A) (B) (C) (D) (E) 3. (A) (B) (C) (D) (E) 4. (A) (B) (C) (D) (E) 5. A B C D E 6. ABCD(7. (A) (B) (C) (D) (8. A B C O 9. A B C D 10. (A) (B) (C) (D) 11. (A) (B) (C) (D) 12. A B C D 13. A B O C 14. A B C C 15. A B C (16. A B () 17. (A) (B) (C) 18. A B C 19. A B C 20. A B C 21. A B C 22. A B 23. (A) (B) (21 (A) (B)

Exam Content

- Papers contain a mixture of multiple choice, short answer and long answer (max 6 marks) questions.
- No QWC marks.
- Maths skills:
 - Biology 10%
 - Chemistry 20%
 - Physics 30%
- Knowledge of the required practical's and practical skills
 - All three 25% each.

Grading & Tiers of Entry

- Chosen to ensure your child can achieve the highest grade possible.
- Foundation = Grades 1-5/11-55
 - Single science ~60% for a grade 4
 - Combined science ~55% for a grade 44
- Higher = Grades 3-9/43-99
 - Single science ~30% for a grade 4
 - Combined science ~25% for a grade 44
- November mocks will be used to determine tier of entry for most students.
 - Students require ~30% to take higher.
 - Final decision for borderline students after 2nd mock window in March.



But where do they/you begin?



Assess current knowledge

 Using Personal Learning Checklist, go through each topic and RAG their current understanding of each of the statements in the checklist. PIXL.

Personalised Learning Checklist P2 Electricity

_				_
Торіс	Student Checklist		Α	G
	Draw and interpret circuit diagrams, including all common circuit symbols			
-	Define electric current as the rate of flow of electrical charge around a closed circuit	П		
au	Calculate charge and current by recalling and applying the formula: [Q = It]			
ence	Explain that current is caused by a source of potential difference and it has the same value at any point in a single closed loop of a circuit			
4.2.1 Current, potential difference and resistance	Describe and apply the idea that the greater the resistance of a component, the smaller the current for a given potential difference (p, d,) across the component			
tial	Calculate current, potential difference or resistance by recalling and applying the equation: $[V = IR]$			
potential o resistance	Required practical 3: Use circuit diagrams to set up and check circuits to investigate the factors affecting the resistance of electrical circuits			
<u>.</u>	Define an ohmic conductor			
Ourrer	Explain the resistance of components such as lamps, diodes, thermistors and LDRs and sketch/interpret IV graphs of their characteristic electrical behaviour			
4.2.1 (Explain how to measure the resistance of a component by drawing an appropriate circuit diagram using correct circuit symbols			
,	Required practical 4: use circuit diagrams to construct appropriate circuits to investigate the I-V characteristics of a variety of circuit elements			
allel	Show by calculation and explanation that components in series have the same current passing through them			
id par ts	Show by calculation and explanation that components connected in parallel have the same the potential difference across each of them			
4.2.2 Series and parallel circuits	Calculate the total resistance of two components in series as the sum of the resistance of each component using the equation: $[R_{total} = R_1 + R_2]$			
2.2 Se	Explain qualitatively why adding resistors in series increases the total resistance whilst adding resistors in parallel decreases the total resistance			
4.	Solve problems for circuits which include resistors in series using the concept of equivalent resistance			
ic ty	Explain the difference between direct and alternating voltage and current, stating what UK mains is			
afe	Identify and describe the function of each wire in a three-core cable connected to the mains			
.2.3 Domestic ses and safety	State that the potential difference between the live wire and earth (0 V) is about 230 V and that both neutral wires and our bodies are at, or close to, earth potential (0 V)			
.2.3 ses	Explain that a live wire may be dangerous even when a switch in the mains circuit is open by	П		

Assess current knowledge

- Use the RAG checklist to identify a topic of concern.
- Look down the list and focus on the areas highlighted in red first, followed by those in amber.



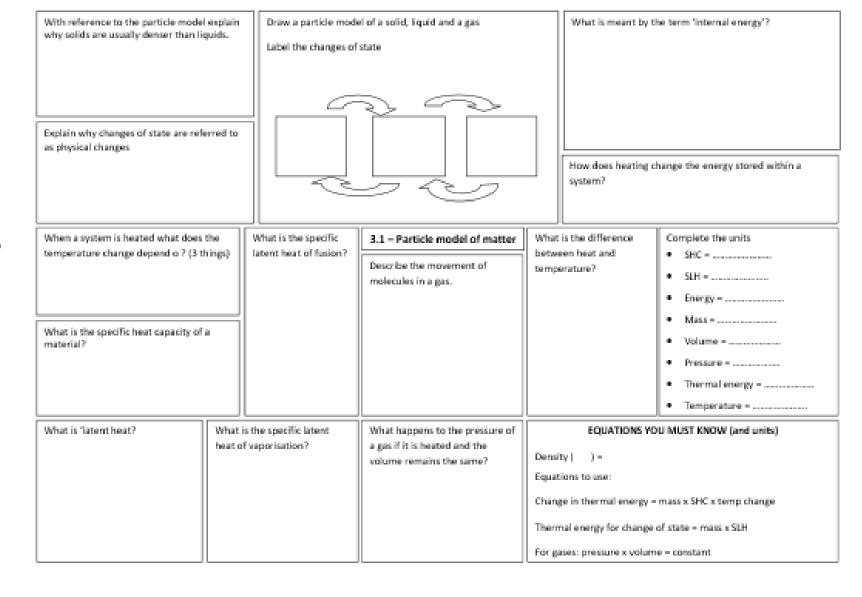
Personalised Learning Checklist P2 Electricity

_				
Topic	ic Student Checklist		А	G
	Draw and interpret circuit diagrams, including all common circuit symbols	П		
_	Define electric current as the rate of flow of electrical charge around a closed circuit			
4.2.1 Current, potential difference and resistance	Calculate charge and current by recalling and applying the formula: [Q = It]	П		
밀	Explain that current is caused by a source of potential difference and it has the same value at any			
5	point in a single closed loop of a circuit			
₽	Describe and apply the idea that the greater the resistance of a component, the smaller the current			
' ⊟ ,	for a given potential difference (p.d.) across the component			
l ig ig	Calculate current, potential difference or resistance by recalling and applying the equation: [V = IR]			
ootential o	Required practical 3: Use circuit diagrams to set up and check circuits to investigate the factors			
S 5	affecting the resistance of electrical circuits			_
l t	Define an ohmic conductor			
<u> </u>	Explain the resistance of components such as lamps, diodes, thermistors and LDRs and			
3	sketch/interpret IV graphs of their characteristic electrical behaviour			_
7.7	Explain how to measure the resistance of a component by drawing an appropriate circuit diagram			
4.	using correct circuit symbols	Ш		<u> </u>
	Required practical 4: use circuit diagrams to construct appropriate circuits to investigate the I-V			
	characteristics of a variety of circuit elements	Ш		
교	Show by calculation and explanation that components in series have the same current passing			
E	through them Show by calculation and explanation that components connected in parallel have the same the	Н	\vdash	
<u>a</u>	potential difference across each of them			
ies and circuits	Calculate the total resistance of two components in series as the sum of the resistance of each	Н		
is es	component using the equation: $[R_{total} = R_1 + R_2]$			
4.2.2 Series and parallel circuits		Н		
2.5	Explain qualitatively why adding resistors in series increases the total resistance whilst adding			
1.2	resistors in parallel decreases the total resistance			
<u> </u>	Solve problems for circuits which include resistors in series using the concept of equivalent resistance			
Domestic nd safety	Explain the difference between direct and alternating voltage and current, stating what UK mains is	\vdash	\vdash	
nes saf	Identify and describe the function of each wire in a three-core cable connected to the mains	\vdash		
l g g	State that the potential difference between the live wire and earth (0 V) is about 230 V and that both			
=	neutral wires and our hodies are at inclose to learth notential (0 V)	1 1		

An alternative checklist can be found in the front of the Collins revision guide.

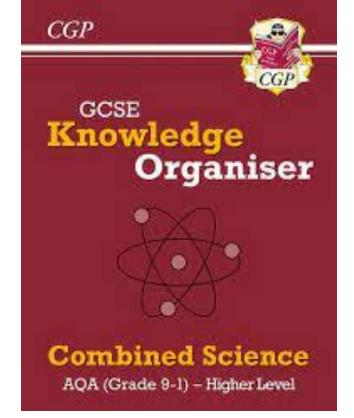


Simplify your notes



Filling in the gaps

- Collins Revision guide (sold in year 10)
- CGP Knowledge Organisers (sold in year 11)
- Class books
- BBC Bitesize
- YouTube (primrose kitten, free science lessons)









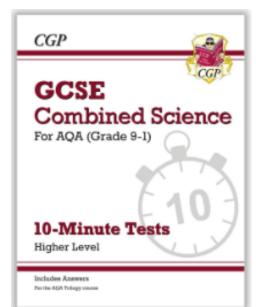


Test Your New Understanding

 Once you have gone over the key areas you needed to cover in a topic attempt some questions.

• These could be PiXL Grasp It's, a SENECA quiz, Collins/CGP revision

guide worksheets, exam questions or using revision





KEEP CALM AND ANSWER

THE QUESTION

Complete As Many Past Papers as Possible

- AQA past papers AQA website
- AQA Specimen Papers AQA website
- Use other exam board specimen papers (Edexcel and OCR)
- Old Exam Papers physicsandmathstutor.com
- Purchase Exam Papers from CGP or Collins

Using an Exam Mark Scheme

- If it is underlined you MUST use that word.
- Do not accept means if you have said it, even with the right answer, you do not get the mark!
- If you get an accept mark look how you could have ensured you got the mark.

(a)	solid. particles vibrate about fixed positions	1
	closely packed accept regular	
	gas.	1
	particles move randomly accept particles move faster	
	accept freely for randomly	1
	(ac apart	1
(b)	amount of energy required to change the state of a substance from liquid to gas (varcour)	1
	unit mass / 1 kg dependent on first marking point	1
(c)	41000 or 4.1 × 10 ⁴ (J) accept 41400 or 4.14 × 10 ⁴ correct substitution of	
	0.018 × 2.3 × 10 ⁸ gains 1 mark	2
(d)	AB changing state from solid to liquid / melting	1
	at steady temperature dependent on first AB mark	1
	BC temperature of liquid rises	1
	until it reaches boiling point dependent on first BC mark	1

Keep Reassessing Your Knowledge

 At the start of the next 'science session' go back over the checklist and see how much has improved.



788				
Topic	Student Checklist		Α	G
-	Draw and interpret circuit diagrams, including all common circuit symbols			
	Define electric current as the rate of flow of electrical charge around a closed circuit			
au	Calculate charge and current by recalling and applying the formula: $[Q = It]$			
8	Explain that current is caused by a source of potential difference and it has the same value at any			
E .	point in a single closed loop of a circuit			
4.2.1 Current, potential difference and resistance	Describe and apply the idea that the greater the resistance of a component, the smaller the current			
<u> </u>	for a given potential difference (p.d.) across the component			
ıtia anc	Calculate current, potential difference or resistance by recalling and applying the equation: $[V = IR]$			
potential o	Required practical 3: Use circuit diagrams to set up and check circuits to investigate the factors			
od res	affecting the resistance of electrical circuits			
nt,	Define an ohmic conductor			
rre	Explain the resistance of components such as lamps, diodes, thermistors and LDRs and			
3	sketch/interpret IV graphs of their characteristic electrical behaviour			
2.1	Explain how to measure the resistance of a component by drawing an appropriate circuit diagram			
4.	using correct circuit symbols			
	Required practical 4: use circuit diagrams to construct appropriate circuits to investigate the I–V			
	characteristics of a variety of circuit elements			
e	Show by calculation and explanation that components in series have the same current passing			
ara	through them	\vdash		
ğ,	Show by calculation and explanation that components connected in parallel have the same the potential difference across each of them			
ies and circuits				
es	Calculate the total resistance of two components in series as the sum of the resistance of each component using the equation: $[R_{total} = R_1 + R_2]$			
eri c		-		
4.2.2 Series and parallel circuits	Explain qualitatively why adding resistors in series increases the total resistance whilst adding			
1.2.	resistors in parallel decreases the total resistance			
7	Solve problems for circuits which include resistors in series using the concept of equivalent resistance			

Other Key Areas to Revise

- Equations
- Equations
- Equations!!!!
- There is a total of 21.
- Put them up on your walls, use flash cards, go over them regularly and test yourself/your child.

Totally Physics Educational Products ©

GCSE Physics: Forces & Interactions Topic Equations

Equations you need to Recall (These are NOT given to you in the exam)

Weight = Mass × Gravitational Field Strength	W = m g	W in Newtons, N m in kg g in N/kg
Work Done by a Force = Force × Distance moved	W = F s	W in Joules, J F in Newtons, N s in metres, m
Force applied to a Spring = Spring Constant × Extension	F = k e	F in Newtons,,N k in N/m e in metres, m
Moment of a Force = Force × Distance (normal to direction of force)	M = F d	M in Nm F in Newtons, N d in metres, m
Pressure = Force Normalon the Surface Area of the Surface	$p = \frac{F}{A}$	p in Pascals, Pa F in Newtons, N A in m ²

('Normal' means at Right Angles to)

Equations you need to Use (These are given to you in the exam)

	Elastic Potential Energy = 1/2 × spring constant × extension ²	$E_e = \frac{1}{2} \text{ k e}^2$	E _e in Joules, J k in N/m e in metres, m
нт	Pressure due to a Column of liquid = Height of Column × Density of Liquid × Gravitational Field Strength	p = h <i>p</i> g	P in Pascal, Pa h in metres, m g in N/kg P in kg/m³

See our homework and revision app at www.totallvphvsics.co.uk

Other Key Areas to Revise

REQUIRED PRACTICAL

Chromatography

Method

- 1. Draw a horizontal pencil line 2cm up from the bottom of some chromatography paper.
- 2. Mark five spots at equal distances along the line with a
- 3. Using glass capillary tubing put a small spot of each of the known colours onto four of the pencil dots. Put the unknown mixture onto the 5th spot.
- 4. Add water to a beaker to a depth of 1cm.
- 5. Tape the top of the chromatography paper to a glass rod, so that when the rod is rested on top of the beaker the bottom edge of the paper dips into the water but:
 - a. The pencil line is not in the water <-
 - b. The sides of the paper do not touch the beaker
- 6. Remove the chromatography paper when the solvent travelled three quarters of the way up the paper
- 7. With a pencil mark where the solvent h
- 8. Allow to dry.
- 9. Measure the distance from

Distance moved by substance

Distance moved by solvent

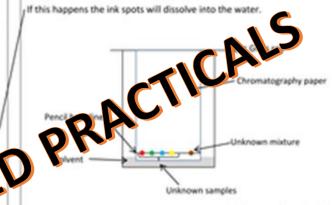
10. Calculate R



The Science

 Any markings need to be drawn in pencil as pencil is insoluble. If drawn in ink the ink. may dissolve in the water and move up the paper.

, If this happens the ink spots will dissolve into the water

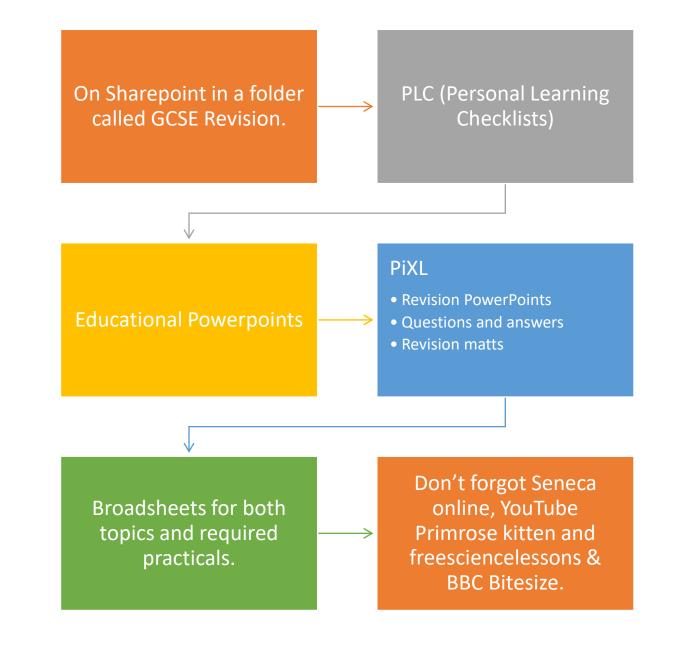


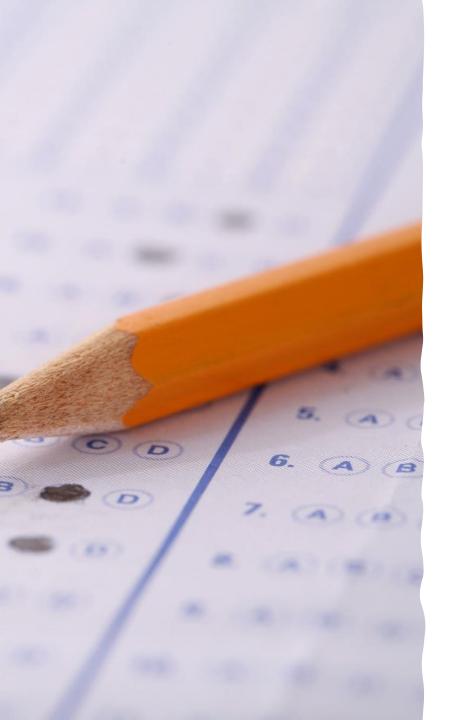


In this example a visual comparison shows that the unknown mixture contained samples 1, 3 (moved the same distance) and something else.

Calculating the R_i would confirm matches to 1 and 3, although the method should be repeated in different solvents. If the Rf values for the mixture matched the same known samples in all solvents then a match is confirmed.

What resources do you have access to?





In School and After School Revision Sessions

- Currently every Monday lunchtime until the mocks finish.
- Rotates through Biology, Chemistry, Physics.
- Positive marks sent home for all those who attend.
- After the 2nd set of mocks they will be every Monday and Friday after school.



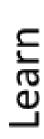




How to Prepare for Examinations

Ms Lewis

Your lessons are vital:

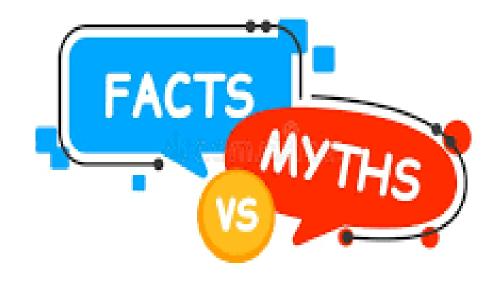




- Make the most of lesson time! Learning takes place in class, when you are completing homework or doing additional research.
- It is important that you **fully understand each topic** before you can revise it.
- If there is anything you don't fully understand, re-read the textbook, ask your teacher, ask another student to go over the topic with you.

Revision Myth Busters!

- I don't need to revise I know it already.'
- 'I have a photographic memory I'll be fine.'
- 'It is an unseen extract/text I can't revise for it.'
- 'I just need to do some past papers.'
- 'I MUST memorise loads of quotes/facts for this.'
- 'I'll just do some the night before or get up early on the day.'



Okay – so what now?

Three Stages – plan ahead:

Stage One - Memory Bank/Knowledge Recall (NOW)



Posters, mind maps, lists, highlighting stuff, note making, flash cards, quizzes, using images.

Stage Two - Preparing for the Actual Exam (Half Term onwards)

Using past papers, timed writing, random extracts, annotating sample answers.

Stage Three – Confidence Building (After Half Term)

Test your recall and make yourself feel good about what you can do.





Strategies – Memory and Recall

- Flash cards
- Retrieval quizzes (Seneca/set your own/use BBC Bitesize)
- Condensing your notes
- Flow charts
- You tube videos (Mr Bruff in English) Useful for extra information.
- Say it out loud record your self
- Revise with others tell someone about your topic, prompt each other
- Mnemonics BECAUSE!
- Dual Coding using images and words to help visualise information.
- Chunking, Linking topics



Strategies – building confidence and experience

• Know what you'll be tested on. Use these:

Exam Board Website/BBC Bitesize/Study Guides/Your Exercise Books

- Check the Specification
- Know the Assessment Objectives
- Know the question types, timing and marks
- Get hold of past papers
- Look at Exam Board reports
- Timed writing check mark scheme do it all again
- Command Words describe, outline, discuss
- Practise Academic Style Writing
- Repetition get good at what you need to do



Making a Revision Timetable



- Map your subjects break down into topics
- Organise your books/notes into subjects. Collect all the stationery you might need
- Create a timetable:
- Aim to revise a little every day
- Build in some unallocated study time because you may get a bit behind
- Put the timetable up on the wall or fridge at home where everyone can see it. Ask your family to help you keep to it

(Don't forget to block in down time and fun stuff.)

Coping with stress



- You are not alone
- Some stress can be good for you motivation and resilience
- Look for signs of stress that can be negative loss of appetite, anxiety, difficulty sleeping, emotional, difficulty concentrating
- Make time for important things social time, exercise, fresh air, hobbies and interests, eating and sleeping
- Making it worse last minute late night revision, not taking breaks, unrealistic targets and putting pressure on yourself



Sleep and Lifestyle

Healthy Diet – slow releasing energy food, Protein, fruit and veg, lots of water.

Don't skip meals.

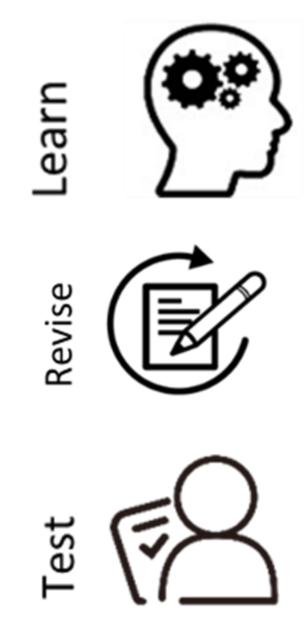
Relax before bed – avoid caffeine, screen time, working too late, tidy away your revision and work.

Exercise regularly

Try one of those Yoga/Meditation Apps – Calm, Headspace.

Take Away Tips

- You are already doing the work but start planning ahead.
- Know your exam requirements.
- Set aside time for fun stuff.
- Use the resources we give you and your support network.
- Work on yourself be calm, be organised, be informed, be confident.



Thank you

Good Luck



Making a Study Zone

Space to work

- √ a comfortable chair
- √ a clear desk
- √ good light
- √ comfortable temperature
- ✓ pens
- ✓ paper



Ask yourself but also ask for help:

- If the place where you do most of your school work is not easy to work in, what can you do to make it better?
- What distracts you when you are trying to settle down to revision?
- Can you do something to remove that distraction (eg place your phone in a different room)?
- If you find it difficult to study at home, arrange to stay longer in school – book in at the Library.

The Night Before –

- 1. Positive Imagery –Thinking positively
- 2. Remember Your Previous Best
- 3. Remind Yourself Of Your Preparation confidence is key. You know this
- 4. Focus on Yourself and Don't Compare to Others
- 5. How You Have Overcome Setbacks
- 6. See the Exam as a Challenge, not a Threat
- 7. Sort out your equipment (and your water)
- 8. Get a Good Night's Sleep



The morning of your exam –

- 1. Wake up at a sensible time.
- 2. Eat a good breakfast slow releasing energy. Porridge, Water, Fruit.
- 3. Arrive the next day in plenty of time
- 4. Don't attempt anything new just remind yourself of the paper, type of questions and timings.
- 5. Stay away from Panicking People.







- Organise your desk space water, check the clock, sort equipment.
- Deep breaths, be Zen!
- Don't look around, get in your own zone.
- Listen to the instructions
- If it helps write down/plan your timings at the start so you can keep track.
- Read everything carefully.



After an exam -

- Let it go. (In time you will get feedback and can act later.)
- Ignore those Panicking People
- Relax (Or Rest, Revise, Repeat)
- Tick them off your list
- Celebrate when done!