

Arthur's Articles

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A note from the Editor...

Hello everyone and welcome to second instalment of Arthur's Articles!

I should probably introduce myself, I am Jem Thorp, the editor of Arthur's Articles for this year. I hope to make this something that all Sixth Form students can enjoy in one way or another, so any feedback from you guys would be much appreciated! Either talk to a member of our team, Ms Kavanagh, or Ms Gilbert if you think there's something you would love to see in here, or you can email me directly at 13thorpj@arthurmellows.net.

We have several talented and dedicated individuals writing articles about a wide range of topics, so there's something for everyone! If you're interested in music, film, books, college events, LGBT culture, self-care, or topical rants, then this is the newsletter for you.

Due to its success in previous years, we will be continuing the Agony Aunt section of the newsletter. This anonymous individual is here to answer your queries, solve your problems, and give you advice for any situation. It is completely anonymous, and all queries will only be seen by our agony aunt, so your secrets are safe. And, if we do publish your question or query, then you will remain unnamed.

Anyway... on to the articles!

Tiegan Adam	Ty Homer-Ward	Sophie Sanderson
Amber Bereznyckyj	Shannon Maselli	Anna Short
George Childs	Joe Neill	Emily Songer
Alice Clarke	Katie Newman	Jemma Thorp
Faith Coleman	Eve Parker	Claudia Wailes
Annie Gidney	Jj Peake	Evie Westbrook
Eloise Gill	Kathryn Pepper	Amalie Yates
Hollie Hebditch	Ellie Pybus	---Thanks for reading!--

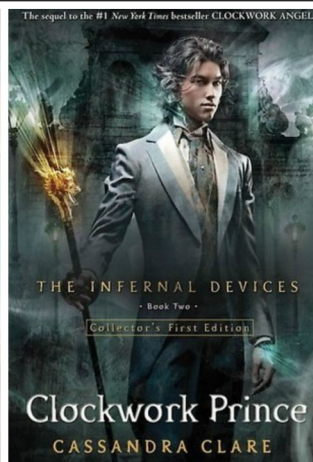
Book Review



Series: The Infernal Devices

Author: Cassandra Clare

Rating: 10/10



Thoughts:

This is a wonderfully crafted series, perfect for any Mortal Instruments (Shadow Hunters) fan looking for another dose of the fictional world or even just someone looking for an emotional roller coaster ride of an adventure. It was such an amazingly crafted series filled with ups and downs and plot twists that left me on the edge of my seat screaming at oblivious characters making wrong choices. Definitely a must read for any The Mortal Instruments or Cassandra Clare fan. I adore how well Clare integrated the world into the time period and really brought the characters to life, giving them unique characteristics that made their relationships and friendships hilarious and adorable. I especially loved how well the perspective was used to get the full storyline while also allowing the reader to really empathise and sympathise with the characters. Definitely a must read and it is still a



Book: Let It Snow

Author: John Green, Maureen Johnson and Lauren Myracle

Rating: 7/10

Thoughts:

An adorable collection of short stories that really warms the heart, a perfect Christmas must read for any fan of adorable Christmas romance. All three stories tie together perfectly to create intricately adorable plot that ties together all the characters in a wonderful way, creating an incredible plot with the magic of coincidence. An absolutely adorable book that I will definitely be rereading during the Christmas season

Book Review



Book: One Of Us Is Lying

Author: Karen M. McManus

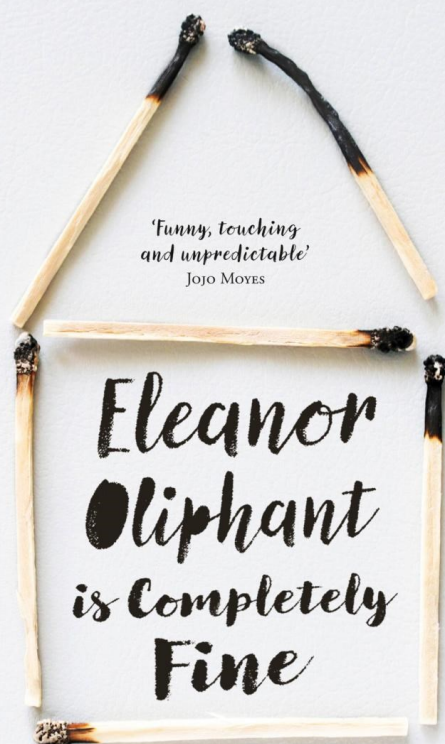
Rating: 9/10

Thoughts

If, like me, you have a bad habit of peeking at the ending of a book before you get to the end, you are both perfectly normal and a despicable human being. However, this is one book you absolutely do NOT want to have the ending spoiled for you, because it's a plot twist you'll never see coming. The premise is simple enough: five students walk into detention, and only four leave alive. When the other four all have secrets to hide, you'll never guess who the killer really is until the shocking conclusion. It's The Breakfast Club meets murder mystery, and with characters you'll love forever, fantastic writing and chapters so tense you'll feel your heart racing, all beautifully packaged in a red-paged bundle, what more could you ask for?



**ONE
OF US
IS
LYING**
A Geek, A Jock, A Criminal, A Princess
A MURDER
Who would you believe?
KAREN M. McMANUS



GAIL HONEYMAN

Book: Eleanor Oliphant Is Completely Fine

Author: Gail Honeyman

Rating: 8/10

Thoughts

In this day and age, a growing problem for any writer is that "everything's been done already". Especially for a first novel, it can be hard to come up with something completely original. And yet, every once in a while, you'll come across a book which is completely and utterly different to anything you've read before. *Eleanor Oliphant Is Completely Fine* is that book. A stunning debut novel about loneliness and how just a little kindness can make a big difference, Eleanor's story is truly something special. I can't remember the last time I read a book so difficult to predict and so full of surprise and adventure. Not one page is boring to read and once again, the ending is a twist you'll never see coming. If you're looking for something full of excitement and adventure, something funny or just something new, this book is for you.

Film Review



Bohemian Rhapsody

Bohemian Rhapsody follows the iconic band Queen and their rise to fame. We follow Freddie Mercury (played by Rami Malek) in his story from being a baggage handler at Heathrow Airport to one of the world's most loved entertainers. We see him meet Brian May (Gwilym Lee), Roger Taylor (Ben Hardy) and John Deacon (Joseph Mazzello) - who eventually form the band that we all know so well now.

After reaching extraordinary success Mercury makes an influenced decision to pursue a more solo career. However, suffering greatly without his bandmates, he reunites with them just before the Live Aid concert. While bravely facing a recent life-threatening diagnosis, Freddie leads the band in one of the greatest performances in rock history. You can expect all the foot-stomping hits in this must-see film.



Agony Aunt



Auntie Anne's Advice - for all your agonies

Dear Sixth Form,

In light of our contribution and overall awareness of mental health, I think it's an important topic to cover in order to understand how to deal with our own mental health, and who exactly we can approach if we ever need help - there are people who can help and no one has to suffer in silence. Everyone will experience poor mental health at some stage of their life and 1 in 5 of us suffer from anxiety or depressive disorders in the UK, so you aren't alone.



Symptoms of bad mental health could be that you feel nauseated, fatigued or light headed with aches and pains regularly. You may not be enjoying life anymore or have unhealthy coping mechanisms, such as grinding your teeth, alcohol abuse and binge eating. However, others may not find food appetising at all and will find decision making difficult due to low focus. Furthermore, sleeping will often become problematic as some may find it increasingly harder to get to sleep, while others will sleep excessively, but still feel tired. Overall, a person with bad mental health will feel worthless and negative.

If you or someone you know is struggling with mental health I urge you to go to see your doctor. It is treatable! At the end of the day, it is an illness and should be treated as one. If there's a concern, your doctor will give you a little assessment and take it from there.

However, the NHS waiting list can take a while and so you can always contact a specialist organisation, who can be a support system for anyone in need. Ones I would recommend are: Samaritans, which provide confidential chats via phone, email, letters or even face to face. Their phones are open 24 hours a day and are totally free. Or, if you want to seek health professionals or support groups locally, I would recommend Rethink.

Personally, I do believe that the most helpful organisation for people our age (technically people up to 19 years) is Childline. Childline's website has interactive message boards and an online 1-2-1 councillor service that you can access any time of the day. Here you can have a councillor session online for people who don't feel comfortable talking or seeing a councillor face to face.

Overall, bad mental health is not a sign of weakness and conditions such as depression are very common. Sometimes, you can't simply "pull yourself together", so just take it one day at a time.

Lots of love, Auntie Anne xox

P.S Come post your worries in my box in the pastoral office! I will happily reply :)

CONTACT INFORMATION

Samaritans: 116 123 (24 hours)

Rethink: www.rethink.org

Childline: www.childline.org / 0800 1111

'Bi The Way'



Hello everyone, welcome to another instalment of Bi the Way. This week's issue is be on LGBT definitions, book descriptions, news and some helpful contact information. We hope you enjoy!

LGBT Vocabulary Definitions

To help you understand the different LGBT definitions and to help to be accurate as possible when using identifying language:

Gay - has been used to portray a distinct group of people who are attracted to people of the same gender and/or in a relationship with the same gender. However, it is important to recognise that different groups within the gay community exist, and that the phrase 'gay' is not all-inclusive. As an example, some people who are bisexual do not consider themselves to be gay.

Heterosexual/straight - refers to people whose romantic/sexual feelings are solely for the opposite gender: Women who are attracted to men and men who are attracted to women.

Lesbian - women who are homosexual.

Bisexual/bi - people whose romantic/sexual feelings are for both men and women.

Transgender - people who identify as a gender other than the one assigned to them at birth (medically assigned from their physical sex). Experience gender dysphoria which can be alleviated by physically and socially 'transitioning' to the gender they identify with.



Asexual - experiencing little or no sexual attraction to others or a person has a lack of interest in sexual relationships/behaviour.

Queer - used to describe an individual who doesn't identify as straight or is used to describe people who have a non-normative gender identity. Considered to be a slur by some, but has been reclaimed by some members of the LGBT community.

Recent LGBT events & news

Local:

- ♦ Fliers for Ms Young's LGBT+ Lunch group are all over the school.

From further afield:

- ♦ Jesse McDonald aged 25, a university dropout, was found guilty of drugging and killing Naomi Hersi, a trans woman, with his girlfriend assisting the crime.
- ♦ A volleyball player at the University of Southern California (USC), who has served as captain of the men's junior national team for the last year, has come out in an emotional video posted by his university.

'Bi The Way'



Books Featuring LGBT

The library is open for business (again) and the second two books are:

Noah Can't Even by Simon James Green:

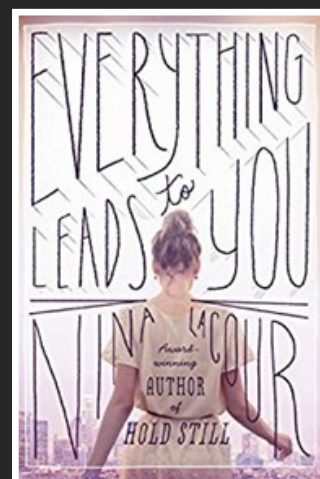
Noah Grimes' father disappeared years ago, his mother's Beyonce tribute act is an embarrassment, and his beloved gran is no longer herself. He only has one friend, Harry, and school is... well like hell. Why can't Noah be ordinary, like everyone else at school? Maybe if he struck up a romantic relationship with someone - maybe Sophie, who is perfect and lovely - he'd be seen in a different light? But Noah's plans are derailed when Harry kisses him at a party. That's when things go from bad to utter mayhem.



Everything Leads To You by Nina Lacour:

After being assigned with her brother's Los Angeles apartment for the summer as a graduation gift, Emi Price isn't sure how to fulfil his one condition: that something great take place there while he's gone. Emi may be a talented young production designer, already beginning to flourish in the competitive film industry, but she still feels like a typical teen, floundering when it comes to romance.

But when she and her best friend, Charlotte, discover a mysterious letter at the estate sale of a Hollywood film legend, Emi must move beyond the walls of her carefully crafted world to chase down the loose ends of a movie icon's hidden life, leading her to uncover a decade's old secret and the potential for something truly grand: love.



Q and Gay

This section will be coming out in the next issue of Bi the Way. This will be for **any questions anyone has about LGBT+ topics**. There will be rainbow boxes appearing in classrooms, the library, student reception and many other places so if you have any questions anonymously put a slip of paper in the box and **we will answer it**.

<https://switchboard.lgbt/>

0300 330 0630 (10am-10pm every day)

<https://lgbt.foundation/>

0345 3 30 30 30

<https://www.lgbthealth.org.uk/>

020 7704 2040 London LGBT+ Advice Line

[0800 999 5428 National LGBT+ Domestic Abuse Helpline](https://www.lgbthealth.org.uk/)

<https://www.lgbthealth.org.uk/>

03001232523 Tuesday & Wednesday 12 - 9pm

<https://www.gov.uk/guidance/advice-and-support-for-lgbt-people>

Remember, if you are ever in immediate danger you should always call [999]

Self Care



Keeping up with deadlines is never easy but it's important to make sure that you can get work done without sacrificing your wellbeing. Sometimes it's not always possible to stick to a schedule you may have created for yourself and other times you might have just forgotten about what you needed to do. An 8 week half-term may seem pretty daunting, but you'll get through it as long as you do your best.

Make sure that you do take time to look after yourself and re-charge! It's helpful to take at least a five minute break between every 30 minutes of studying so that you can keep alert and take in all the information you've just learnt.

If you do fall behind schedule: try to make up for it when you can, but don't overdo it. It's important not to exhaust yourself! If you really aren't able to finish your work then tell your teacher beforehand and if you have done some work then try to show them what you have done, so that you can prove that you did try.

It's quite easy to fall into a loop of procrastination so if you're someone who gets easily distracted then consider turning off notifications for a little while (if you have an iPhone, you can just turn on the do not disturb button). It's always better to start earlier instead of leaving your work until later because you'll have a longer amount of time to do everything you need to do. It's handy to have everything you need with you when you sit down to study too, so that you're not having to waste time looking for things you need.

Of course, with Christmas coming up, it may be difficult to work around Christmas shopping and working. It's also not easy to shop for a lot of people. If it's too much to try to get gifts for all of your friends, you could do a Secret Santa - which increases the fun and decreases the workload. A lot of shops are also hiring for the busy season, so if you're able to you could sign up for that as a way of getting money and discounts. However, don't feel like you have to do this. Put the important work first and only apply for a job if you know you'll be able to fit in a job, school work and time for yourself.

Make sure to have balance fun and work! Have a great Christmas and take care out there!



Fashion



This month in all of the high street retailers and on the runway is the trending leopard print. Featured here on the Topshop shoulder bag the trending print is combined with fur to create a must have staple item needed in your wardrobe.

Pair this bag with black jeans and a black coat to create a basic outfit with a wild twist.



Another item of clothing that is featured everywhere across the high street is teddy bear fur. With shops ranging from Primark to Topshop, there is an option for all budgets.

Pair this with jeans and a white top for a classic winter look.

Puzzle Page



S A L D R B D S O S K Z S P S
 A S R A G H E D C D R E Y E T
 G F A T N L P I A I O H U F U
 R U V L I Y E X O E W Q D V D
 M V W T C N A M N Z E P Q G I
 S A X E C U K R G W M X S M E
 H E W E G C I M D W O J K T S
 T M I L R C R P P D H Y H J Q
 A D W T H R E T T E L S W E N
 M N O M I A S S E M B L Y E O
 J Z E N O N H S I L G N E V H
 U N U L U N A W J T T R H F D
 T A N P Y V M M Y V F Z A M Q
 H B U R N M E U U S R P Y L C
 Q A S F B U R Q B H F D L M W

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